



Research Participants Wanted!

Do you experience persistent and intrusive thoughts or obsessions?

Do you perform repetitive or compulsive behaviours which are difficult to control?

Do you find these thoughts and behaviours upsetting?

Do you use online peer support groups?

Individuals with **obsessive-compulsive and related disorders** (OCDs) experience persistent and intrusive thoughts and often perform repetitive behaviours in response to those thoughts. Unfortunately, finding appropriate treatment for OCDs can be difficult and many people turn to online peer support groups for information and emotional support.

Researchers at RMIT University in Melbourne, Australia, are exploring the experiences people have with using online peer support groups to manage their condition. We hope that this study will help us understand the benefits and potential downsides of using such online support peer groups.

We are seeking people aged 18+ who experience hair-pulling, skin-picking, and other obsessive-compulsive behaviours (including body dysmorphia) to participate in this study. You do not need to be a current or active member of any online peer-support groups to take part as we are interested in a wide range of experiences.

You will be asked to participate in an anonymous online survey which will take 30 minutes to complete.

Please click on the link below for further information and to access the survey:

https://rmit.au1.qualtrics.com/jfe/form/SV_bjZSy98gwJQ9qFn

For any further queries, please contact:

Dr Alexander De Foe, Chief Investigator, Ph: +613 9925 3294, e-mail: alex.defoe@rmit.edu.au

Yi Tong Tan (Cheryl), Primary Research Student, e-mail: s3760765@student.rmit.edu.au

Thank You!