

Working with Hoarding Behaviour Professional Training Program

The *Anxiety Disorders Association of Victoria, Inc.* presents a half-day workshop with Dr. James Collett, lecturer in psychology at RMIT University, specialising in compulsive hoarding.

Date

Thursday, 10-4pm
24th June 2021

Venue

Online via Zoom

Cost

Non-members: \$150
ADAVIC members: \$120

Capacity

20-25 people

Enquiries through

Phone: (03) 9853-8089
Email: adavic@adavic.org.au

Bookings close on the 12th of June or until fully booked.

Additional Details

- * Includes presentation handouts and reference materials
- * Certificate of Attendance upon completion
- * Tea/coffee and lunch will be provided.



Overview

When a person experiences great difficulty parting with their possessions, despite having to endure a cluttered, non-functional home as a result, we call this phenomenon hoarding. Hoarding difficulties are prevalent and often result in personal distress and isolation, tensions with loved ones and the wider community, and problems such as squalor and increased fire risk. In this presentation, Dr. James Collett discusses what the research evidence tells us about hoarding, and outlines the helpful strategies that can be used to help people who are struggling with their attachment to material possessions.

Attendees will learn:

- * How hoarding symptoms appear to develop
- * How to distinguish between hoarding and other mental health problems
- * How to differentiate hoarding from non-harmful attachment to possessions
- * What tools exist to help assess the presence and severity of hoarding
- * The different strategies available to help with hoarding problems
- * The role of family members and friends in supporting individuals managing hoarding problems

Key Therapeutic or Treatment Strategies:

- * Attendees will learn various treatment strategies for working with hoarding disorder, broadly framed within a cognitive-behavioural approach

Target audience

This workshop is pitched at professionals such as psychiatrists, psychologists, social workers, and allied health practitioners.

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About the Presenters

[Dr. James Collett](#) is an educator, clinician, and researcher whose focus is on helping people to understand and manage hoarding and attachment to material possessions. James received his PhD (Clinical) from Swinburne University of Technology, and has been delivering professional development workshops on hoarding for eight years.

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Payment & Registration

I would like to attend the Professional Training program 'Working with Hoarding Behaviour' presented by Dr. James Collett on 24th June 2021.

Total number of people attending: _____

Name(s)

Address

Phone Number

Email

Would you like to receive free E-news
& Email Updates? Yes No

How did you hear about this event?

Payment Type

\$150: General Entry

\$120: ADAVIC Members

PLEASE NOTE: A 25% administration fee applies for refunds requested before 4th May 2021. No refunds or credits will be issued after this.

CHEQUE / MONEY ORDER

Made out to Anxiety Disorders Association of Victoria.

CREDIT CARD

Name on Card _____

Credit Card Type Visa MasterCard

Credit Card Number _____

CVV Number _____ Expiry Date _____

OFFICE USE ONLY

PROCESSED BY _____ DATE _____