



**The Anxiety Disorders Association of Victoria presents a
Professional Development Program for professionals and clinicians working
with the GLBTIQ+ community, with Dr Glen Hosking, Clinical Psychologist.**

Overview

Members of the GLTBIQ+ community face increased susceptibility to a range of mental health problems. This workshop will explain why this community experiences this heightened vulnerability, particularly in relation to the increased prevalence of anxiety, depression, suicide planning and substance use.

The workshop will cover the risk factors within the GLBTIQ+ community that contribute to such vulnerability, including abuse, bullying and minority stress. Building on these, the workshop will provide a range of treatment interventions and techniques that practitioners can use when working with this population. These will include working to modify faulty self-talk, distorted cognitions and unhelpful behaviours. Key topics will include:

- Increased mental health vulnerability in the GLTBIQ+ population.
- Mental health risk factors for members of the GLTBIQ+ population.
- Treatment interventions and approaches when working with the GLBTIQ+ population.

About the Presenter

Dr Glen Hosking is a Clinical Psychologist with over 15 years of experience working in clinical settings, hospitals, schools and tertiary institutions. He currently works in private practice as a psychologist and as a Senior Lecturer in Psychology at Victoria University.



Dr Hosking has extensive experience working with the GLBTIQ+ population across all aspects of the lifespan and his work is informed by a thorough understanding of the research evidence for this population. At Victoria University, Dr Hosking is responsible for the training of postgraduate psychology students in their final years of training to work as psychologists. Dr Hosking has presented widely on the psychological experience of the GLBTIQ+ community, including at the international 'After Homosexual: The Legacies of Gay Liberation' conference in 2012 and in previous presentations for ADAVIC.

Professional Development Program

Mental Health and the GLBTIQ+ Community: Vulnerability, Risk Factors and Treatment

Please note:

APS Members can accrue Continuing Professional Development (CPD) hours by participating in CPD activities that they determine to be relevant to their individual professional skills, learning plans and goals. These may be self-initiated. CPD activities do not need to be endorsed by the APS.

Date/Time	Wednesday 8 th August, 2018 10am – 2pm (Registration at 9.30am)
Presented by	Dr Glen Hosking, Clinical Psychologist
Venue	The University of Melbourne Hawthorn Campus Cinema/Lecture Theatre 422 Auburn Road, Hawthorn. 3122
Additional details	<ul style="list-style-type: none">- Includes presentation handouts and reference materials- Certificate of Attendance upon completion- Tea/coffee and light lunch provided
Cost*	Standard/Non-members: \$125.00 ADAVIC Members: \$90.00 <div>*ADAVIC does not charge GST</div>
Booking details	Bookings are limited to 45 professionals Bookings close Wednesday 1 st August 2018 (or until bookings exhausted)
How to book	ADAVIC Online Store: www.adavic.org.au/product-view.aspx?Id=305 Registration form below
Enquiries	Phone: (03) 9853-8089 Email: adavic@adavic.org.au

Proceeds from this event help to maintain ADAVIC services

ADAVIC is a not-for-profit organisation providing community-based support, information and resources for anxiety and depression.

PAYMENT & REGISTRATION FORM



I would like to register for:

☐ **Professional Development Program: Mental Health and the GLBTIQ+ Community: Vulnerability, Risk Factors and Treatment** presented by Dr Glen Hosking on Wednesday 8th August, 2018

ATTENDEE NAME(S)		
POSITION TITLE		
ORGANISATION		
EMAIL		
POSTAL ADDRESS		
CONTACT NUMBERS	1	2
HOW DID YOU HEAR ABOUT THIS EVENT?		
WOULD YOU LIKE TO RECEIVE OUR E-NEWSLETTER?	<input type="checkbox"/> YES <input type="checkbox"/> NO	
YOUR LEVEL OF KNOWLEDGE ON THIS TOPIC	<input type="checkbox"/> LOW <input type="checkbox"/> MEDIUM <input type="checkbox"/> HIGH	
DO YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS?	<input type="checkbox"/> NIL <input type="checkbox"/> VEGETARIAN <input type="checkbox"/> GLUTEN FREE <input type="checkbox"/> OTHER (please specify):	
PAYMENT AMOUNT	<input type="checkbox"/> \$125.00 – Standard/Non-Member <input type="checkbox"/> \$90.00 – ADAVIC Member PLEASE NOTE: A 25% administration fee applies for refunds requested before Thursday 12th July 2018. No refunds or credits will be issued after this date.	

PLEASE FIND ENCLOSED MY:																	
<input type="checkbox"/> Cheque / Money Order (Made out to <i>Anxiety Disorders Association of Victoria</i>)																	
<input type="checkbox"/> Credit Card details:																	
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