

**Avoidance and Panic Disorder: changing old coping
methods for new.**

**Are you interested in contributing towards greater
understanding of panic and Panic Disorder?**

Research participants are needed who:

- have experienced panic attacks or,
- have been diagnosed with Panic Disorder or,
- have never experienced a panic attack.

My name is Liz Ronsisvalle and I am conducting research under the supervision of Associate Professor Felicity Allen, within the department of Psychology at Monash University. I am a fourth year student completing the Postgraduate Diploma of Psychology.

I am interested in finding out how people deal with panic attacks and possibly with Panic Disorder, in order to help prevent initial attacks developing further and to help people manage their condition. It is hoped that this will assist professionals in the treatment of anxiety disorders in general.

Your time would be appreciated if you have experienced panic attacks OR have never experienced a panic attack. The information you provide will be collected anonymously.

If you are interested in participating or in finding out more and are over the age of 18, please contact me at the following address:

Liz Ronsisvalle

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If you are aware of anyone else who would be suitable for this study, please pass my details on to him or her.

Thank you for participating in this important study.