



Volunteers wanted for a research study

We are researchers in the School of Psychology at Deakin University, at the Geelong Waterfront Campus, and we are conducting a project to learn more about the experiences of people with anxiety disorders.

We are seeking volunteers to be participants in this research project, which aims to investigate the cognitive and problem solving abilities of people with anxiety disorders. We are also interested in finding out about what people find helpful in enabling them to cope with their anxiety disorders and what they find difficult in daily life due to these conditions.

Information about the effects of anxiety disorders on people's lives will help health professionals to better understand these disorders and may also help raise awareness of others in the wider community about the effects of these disorders on people's lives.

Volunteers' time and any inconvenience caused by participating in this study will be acknowledged with a \$15 shopping voucher .

To be eligible for this study, you must have one or more of the following:

- a diagnosis of *Obsessive-compulsive Disorder*
- a diagnosis of *Panic Disorder*
- believe that you suffer from a *fear of dogs, spiders, heights, or enclosed spaces*



If you are interested in participating, please obtain one of the Invitation to Participate Information Letters from your mental health service provider, or for further information, call:

Emma Gould

Lecturer, School of Psychology, Deakin University

Telephone: (03) 5227-8492

Email: emma.gould@deakin.edu.au

Student Researchers: Ms Anna Kennedy, Ms Jane Kerr, Ms Melissa Lai, Ms Kelly Lee

Academic Supervisor/Researcher: Ms Emma Gould