



COMPULSIVE HOARDING

STRATEGIES FOR TREATMENT

A Professional Development Workshop for Mental Health professionals

This is an Australian Psychological Society Endorsed Activity (7 PD points)



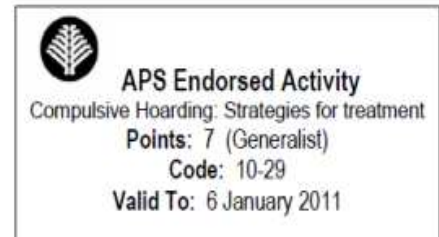
By Dr Christopher Mogan, Clinical Psychologist – Member of the APS and of the College of Clinical Psychologists – Director of The Anxiety Clinic in Richmond – Consultant to the Swinburne University of Psychology Clinic.

Overview:

The focus of this training workshop is Compulsive Hoarding, an under-recognized clinical condition where pervasive hoarding disrupts the sufferer's space, time and personal functioning resulting in clutter and hazards that have serious implications not only for the sufferers but for those close to them, and for those health and welfare personnel working professionally to assist. This complex problem is made worse by its chronic nature, the lack of insight or motivation for change, and the non-availability of options for help. This workshop is directed at helping professional staff to increase their understanding of Compulsive Hoarding and to develop skills for assisting in the better management of this demanding condition.

Topics covered in the workshop are:

- Definition and phenomenology of hoarding
- Etiology and course
- Diagnostic issues including complexity and co-morbidities
- Association of Compulsive Hoarding and OCD
- Explanation of standardized assessment tools.
- Strategies of group and individual treatment.
- Therapy interfering behaviours
- Case presentations



The format of the presentation will be interactive and include video presentation of compulsive hoarding issues and interventions. The workshop will include presentation handouts, lecture notes and reference materials.

Presenter:

Dr Mogan is a well-known Clinical Psychologist presenter at professional training workshops ranging from GP Education and post-graduate lectures to conference seminars and community groups. He is an expert on Compulsive Hoarding and is currently conducting research and treatment programs in the SwinPsyche Research Group at Swinburne University. He presented a key paper on *The Psychology of Compulsive Hoarding* at the recent Inaugural National Conference on Squalor and Hoarding held in Sydney. Dr Mogan is part of a working group of professionals from various government and non-government agencies - the Department of Human Services, RSPCA Victoria, the Metropolitan Fire Brigade and the Salvation Army - developing education programs for Compulsive Hoarding as part of the growing awareness of this disabling, costly and poorly understood clinical phenomenon.

Compulsive Hoarding – a Professional Development workshop

Details

This is an Australian Psychological Society (APS) Endorsed Activity with 7 PD points (Generalist)

Date:

Friday 14th May 2010

9.00 am to 5.00 pm (8.30 am registration)

Venue:

Darebin Arts & Entertainment Centre

Corner Bell Street and St. Georges Road, Preston, VIC.

Additional Details:

- Presentation handouts
- Lecture notes
- Reference materials
- Full catering will be provided, starting with tea and coffee on arrival

Cost:

- Standard Cost: \$250.00
- Early Bird/ADAVIC Member \$225.00 – this price is limited to the first 20 delegates only!
(*ADAVIC does not charge GST)

Bookings:

- Limited to **50** mental health professionals
- Bookings close Tuesday the 4th May 2010

Bookings through ADAVIC via:

- Our online store <http://www.adavic.org.au/PG-resources-lectures-workshops.aspx>
- Or for a registration form see bottom of document:

Enquiries through:

Phone: (03) 9853 8089

Email: adavic@adavic.org.au

Proceeds from this event help to maintain ADAVIC services

ADAVIC is a not-for-profit organisation providing community-based support, information and resources for anxiety and depression

▶ **PAYMENT/REGISTRATION FORM**

I would like to register for the **Professional Development Workshop 'COMPULSIVE HOARDING' One-Day Program for Professionals - "Strategies for Treatment"** to be held on Friday, 14th May 2010.

NAME: _____

NAME OF ORGANISATION REPRESENTING: _____

ADDRESS: _____ POSTCODE _____

CONTACT NUMBER (1) _____

CONTACT NUMBER (2) _____

▶ **DIETARY RESTRICTIONS: (Please tick relevant box)**

Vegetarian No Red Meat Gluten Free Other (specify) _____

No dietary restrictions

▶ **PAYMENT AMOUNT (please tick):**

- \$250.00 - Standard Price
- \$225.00 - ADAVIC MEMBER OR FIRST 20 DELEGATES

**A 20% ADMINISTRATION FEE WILL APPLY FOR REFUNDS REQUESTED BEFORE TUESDAY 4TH MAY 2010.
NO REFUNDS WILL BE ISSUED AFTER THIS DATE.**

PLEASE FIND ENCLOSED MY:

Credit Card Details

Cheque / Money Order (Made out to *Anxiety Disorders Association of Victoria*)

CREDIT CARD DETAILS:

Name on Card: _____

Credit Card Type: Visa MasterCard

Credit Card No:

CVV Number ___ ___ (last three digits on the back of your credit card)

Expiry Date: ___ / ___

Amount: \$ _____ [NOTE: All credit card payments attract a **1.95% surcharge fee**]

Signature:

RETURN TO:



- Please return this Payment Form via email to adavic@adavic.org.au
- Or post to **ADAVIC**, PO Box 625, Kew, VIC 3101.

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